

The Twister

The Official Newsletter of



Inside this edition:

- *Trick or Treat Bash Wrap Up*
- *Haunted Orchard Wrap Up*
- *NEW SECTION: To Your Health*
- *NEW SECTION: Recipe of the Month*
- *Election 2010*
- *Deserving Children's Shopping Tour*
- *New Member Spotlight*
- *Membership Benefit of the Month*
- *Santa Parade*

Our next general membership meeting is Wednesday, November 11th at 6pm at the La Porte Police Department

"Service to humanity is the best work of life!"



Thanksgiving Day is Thursday, November 26, 2009. We wish you, your families and your friends a very safe and happy holiday!



Trick or Treat Bash 2009

On Saturday, October 31st the La Porte Jaycees hosted their Annual Trick or Treat Bash (formerly known as the Ghost Walk) at La Porte High School's cafeteria.

Children of all ages decorated cookies, played a ghoulish version of bozo buckets and competed in a Jack-o-Lantern drawing contest for, what else, candy!

Little ghouls and goblins came out in their finest costumes to compete for The Best Costume Award. The winners were: 0-24 months - Dana McQuarters, Julianna Essary and Peyton Noble; 2-5 years - Spencer Noveroske, Devin Krzyazk and Tre' O'Donnell; 6-9 years -

Andrea VanMeter, Drew Noveroske and Catarina Hicks; 10 years and older - Reilly Combs, Maggie Hicks and Alex Moser.

Thank you to our panel of judges for the costume contest, Mayor Kathy Chroback, LPPD Administrative Captain Julie Smith and La Porte School Board President Adam Schoff. Thank you to all the volunteers who helped with this event by volunteering their time and by giving donations of candy and cookies. Special thanks to the folks at American Licorice for their generous donation of candy that was handed out as prizes to all the children that attended.

HAUNTED ORCHARD 2009



We had a good turnout for our first year working with the folks at Garwood Orchards for their Haunted Orchard.

Guests enjoyed their choice of two trails to ride through on wagons while beasts and monsters of all

kinds spooked them along their journey through the haunted orchards. For the little visitors there was a hay maze that was haunted by friendly ghosts that gave out more treats than tricks.

After the scary fun, guests enjoyed warm cider and donuts that were available to them. Some of the volunteers enjoyed the treats as well!

We're told that this may become an annual event and that we may continue to help provide volunteers to work with the people at Garwood Orchards. Thanks to everyone that came out to help despite the uncooperative weather!



To Your Health: Flu vs. Cold

With all the hype surrounding this flu season, how do you know when you just have a case of the sniffles vs. the Flu? Well here's some information to help UN-confuse you.

First, if you think you have the flu, see your doctor. They have rapid tests to determine if you have the flu. And that goes for any old flu including the H1N1 strand. The test is usually more accurate in the first few days of the onset of symptoms.

Next, let's look at the symptoms of the flu versus a cold. If you have a plain old cold, you rarely will have a fever, headache, feel exhausted or experience general aches and pains. What you will experience is mild fatigue or weakness, sneezing, a stuffy nose, sore throat, cough and/or sinus congestion accompanied with possible middle ear infections.

While you may, occasionally, experience the stuffy nose,



Feeling Poopy?

How do you know if you have the flu or just a bad cold?

sneezing, and the sore throat if you have the Flu, you will commonly have a high fever (100-102 degrees for 3-4 days), a headache, often severe aches and pains, fatigue and weakness, exhaustion and you may likely develop or worsen into Bronchitis or Pneumonia. So if you're down for the count for more than 2 days you may want to consider calling your doctor.

In some cases it is recommended that you seek emergency care if your symptoms are severe such as difficulty breathing, pain or pressure in your chest or abdomen, sudden dizziness, confusion, severe or persistent vomiting or if you have flu-like symptoms that improve but then return with a fever and a worse cough.

For more information visit www.flu.gov (that's where we got our information from).



Recipe of the Month – Pumpkin Pie Bars



Wear your big boy pants, unbuckle your belt or do what we do in my family, wear your pajama pants to the dinner table...It's Thanksgiving time!! Normally that means turkey and all the fixings including pumpkin pie. This year try this new twist on a pumpkin dessert.

For the crust, mix together: 1 package yellow cake mix minus 1 cup, ½ cup melted butter and 1 egg. Batter will be thick. Spread in the bottom of a lightly greased 9x13 pan, press & smooth. (Tip: Use a plastic spoon sprayed lightly with cooking spray to spread because it gets sticky)

For the filling, beat together and spread on top of crust batter: ½ Cup brown sugar, 2 eggs, ½ Cup sugar, 1½ tsp allspice, 1 15-oz can of pumpkin, 2/3 Cup milk, 1½ tsp cinnamon and ½ tsp nutmeg.

For the topping, mix with a fork or pastry blender until clumpy: 1 Cup reserved cake mix, 1 tsp cinnamon, ¼ Cup sugar and ¼ Cup butter at room temperature. Crumble on top of the filling.

Bake at 350 for 40-50 minutes just until a toothpick comes out clean (similar to pumpkin pie consistency). Let cool slightly and serve with whipped cream. Next, hop on the treadmill because you're gonna eat it all!!

Optional: While it's cooling, top with toasted pecans, plain or toasted with brown sugar and cinnamon!





Election 2010!



Members, please plan to attend the November 11th chapter meeting so you can be a part of the future of the La Porte Jaycees. We will be meeting at 6:00 pm at the La Porte Police Department. **We must have 2/3 of the membership there in order for the election to take place so it is imperative that everyone comes.**

Candidates will address the membership with a brief introduction of themselves and their involvement with the Jaycees. For any contested position, the candidates for that position will be asked to speak to the membership at the chapter meeting prior to a vote to introduce themselves and explain to the membership why they are the best candidate for that position. Come cast your vote. We need you November 11th!!!

Dawn Zigler, Chapter President



Deserving Children's Shopping Tour

The 39th Annual Deserving Children's Shopping Tour is well underway. Escorts and children are being paired up now and letters to both the parents and escorts will be getting sent out at the beginning of this month.

Children will be taken by 2 adult escorts to Wal-Mart or Kmart to buy needed school clothing and winter apparel as well as a toy. For more information on escorts please contact Joy Zigler at 219.325.3495. For information on students please contact Bethani Morris at 219.362.2096 or send us a message at our new email address lpjayceesdcst@gmail.com.



New Member Spotlight: Mason Biernacki

Okay, so he's not old enough to be an actual member yet, but we'd like to introduce him anyways. On Tuesday, October 13, 2009, Brady became a big brother and Joe and Kerry Biernacki welcomed their second son into the world. Mason Guy Biernacki was born weighing in at 9 pounds and 2 ounces, measuring 21 1/2 inches long. Both baby and Mommy are at home and doing well. Congratulations to the Biernacki family of four!

2009 Santa Parade

The Santa Parade is scheduled for Saturday, November 28th. The Chamber of Commerce has invited the Jaycees to come out and help. If you are interested in helping at the Santa Parade, line up will begin at 11AM at Bethany Lutheran Church. The parade will run West to East down Lincolnway to Well Fargo Bank where the kids can meet up with Santa and have some Holiday cheer. For more information contact the Chamber at 219-362-3178 or visit their website at www.lpchamber.com



Jaycee Membership Benefit of the Month: Budget Car Rental



BUDGET CAR RENTALS - Use your Budget Car Rental discount code number BCD#Z859600 when calling 800.527.0700 to make reservations or online at www.budget.com to take advantage of our 5%-25% member's discount.

Take advantage of all the benefits of being a part of the Jaycees!

